

2023

STORYTELLING CALENDAR

a guide to community + health awareness

pages for good health

strategy communications + consulting

JANUARY

- New Year's Day (1)
- Bell Let's Talk Day (25)
- National Non-Smoking Week (16-22)
- Alzheimer's Awareness Month



MAY

- Physicians Day (1)
- Child + Youth Mental Health Day (7)
- World No Tobacco Day (31)
- Mental Health Week (2-8)
- Nurses Week (8-4)
- Sun Awareness Week (3-9)
- Asian Heritage Month
- Sexual Assault Awareness + Prevention Month

SEPTEMBER

- Labour Day (4)
- World Suicide Prevention Day (10)
- Truth + Reconciliation Day (30)
- Latin American History Month (Sept 15-Oct 15)
- Arthritis Month



FEBRUARY

- Family Day (20)
- Heritage Day (20)
- Islander Day (20)
- Anti-Bullying Pink Shirt Day (22)
- Sexual + Reproductive Health Awareness Week (14-18)
- Black History Month
- Heart Month



JUNE

- World Refugee Day (20)
- Men's Health Week (12-18)
- Indigenous History Month
- Pride Month
- Seniors' Month
- Stroke Month



OCTOBER

- Thanksgiving Day (9)
- World Food Day (16)
- International Day for the Eradication of Poverty (17)
- Flu Prevention Week (23-29)
- Foster Family Appreciation Week (15-21)
- Breast Cancer Awareness Month

MARCH

- International Women's Day (8)
- International Day for the Elimination of Racial Discrimination (21)
- Francophonie Month
- Nutrition Month
- Social Work Month



JULY

- Canada Day (1)
- Nelson Mandela Day (18)
- World Hepatitis Day (28)



NOVEMBER



- National Child Day (20)
- Remembrance Day (11)
- National Housing Day (18)
- World Diabetes Day (14)
- Nurse Practitioners Week (12-18)
- Addiction Awareness Week (19-25)
- Woman Abuse Prevention Month

APRIL

- Autism Awareness Day (2)
- World Health Day (7)
- Earth Day (22)
- World Immunization Week (23-29)
- National Volunteer Week (17-22)
- Cancer Awareness Month



AUGUST

- Emancipation Day (1)
- Youth Day (12)
- Overdose Awareness Day (31)
- World Breastfeeding Week (1-7)



DECEMBER

- World AIDS Day (1)
- International Day of Persons with Disabilities (3)
- Day of Remembrance + Action on Violence Against Women (6)
- Human Rights Day (10)

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5 6 7	1 2 3 4	1 2 3 4	1	1 2 3 4 5 6	1 2 3
8 9 10 11 12 13 14	5 6 7 8 9 10 11	5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10
15 16 17 18 19 20 21	12 13 14 15 16 17 18	12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17
22 23 24 25 26 27 28	19 20 21 22 23 24 25	19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24
29 30 31	26 27 28	26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30

JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1 2
2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9
9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16
16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23
23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30
30 31					31

TELL YOUR STORY

Visit pagesforgood.com for a complete list of community and health awareness opportunities in 2023.

Email letstalk@pagesforgood.com