

2026

Awareness Calendar

Helping nonprofits tell stronger stories all year long.



JANUARY

- New Year's Day (1)
- National Non-Smoking Week (18-24)
- Bell Let's Talk Day 28 (last Thursday)
- Alzheimer's Awareness Month



MAY

- Physician's Day (1)
- Mental Health Week (4-10)
- Child & Youth Mental Health Day (7)
- Sun Awareness Week (10)
- Nurses Week (12-18)
- Eid al-Adha (27)
- Vesak (31)
- World No Tobacco Day (31)
- Asian Heritage Month
- Sexual Assault Awareness Month



SEPTEMBER

- Labour Day (7)
- World Suicide Prevention Day (10)
- Latin American Heritage Month (15-Oct 15)
- Rosh Hashanah (12)
- Yom Kippur (21)
- Truth & Reconciliation Day (30)
- Arthritis Month



FEBRUARY

- Sexual & Reproductive Health Awareness Week (10-14)
- Family Day (16)
- Heritage Day AB (16)
- Islander Day PEI (16)
- Ramadan (18-Mar 19)
- Pink Shirt Day (25)
- Black History Month
- Heart Month



JUNE

- Men's Health Week (8-14)
- World Refugee Day (20)
- National Indigenous Peoples Day (21)
- Indigenous History Month
- Pride Month
- Seniors' Month
- Stroke Month



OCTOBER

- Thanksgiving (12)
- World Food Day (16)
- International Day for Eradication of Poverty (17)
- Foster Family Appreciation Week (19-25)
- Flu Prevention Week (26-Nov 1)
- Breast Cancer Awareness Month



MARCH

- International Women's Day (8)
- Eid al-Fitr (20)
- International Day for Elimination of Racial Discrimination (21)
- Francophonie Month
- Nutrition Month
- Social Work Month



JULY

- Canada Day (1)
- Nelson Mandela Day (18)
- World Hepatitis Day (28)



NOVEMBER

- Diwali (8)
- Nurse Practitioners Week (9-15)
- Remembrance Day (11)
- World Diabetes Day (14)
- Addiction Awareness Week (15-21)
- National Child Day (20)
- National Housing Day (22)
- Woman Abuse Prevention Month



APRIL

- Autism Awareness Day (2)
- Good Friday (3)
- Easter (5)
- World Health Day (7)
- National Volunteer Week (12-18)
- World Immunization Week (20-26)
- Earth Day (22)
- Passover (22)
- Cancer Awareness Month



AUGUST

- Emancipation Day (1)
- World Breastfeeding Week (1-7)
- International Youth Day (12)
- Overdose Awareness Day (31)



DECEMBER

- World AIDS Day (1)
- International Day for Persons with Disabilities (3)
- Hanukkah (5-13)
- National Day of Remembrance & on Violence Against Women (6)
- Human Rights Day (10)
- Christmas (25)



JANUARY

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Visit pagesforgood.com for a complete list of community and health awareness opportunities in 2026.

Email letstalk@pagesforgood.com